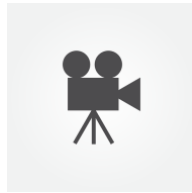


Foundations I Video Library



The Foundations Video Library contains 91 teaching videos from the Foundations I Hybrid Training Series. Over 15 hours of videos, presented in short segments, are organized in five modules for easy navigation.

This video library is meant to be a resource for clinicians who have completed the foundational training series and want to return to the video teachings to review the work and deepen their practice.

If you completed the Foundations I Hybrid training series the video library is a way to return to the course and re-view the teaching videos.

If you completed the original Rhythm of Regulation in-person training series or the series in the revised fully online format, these videos will be new to you. The videos present the exercises and practices from the live trainings (both in-person and online) in a video format that allows you to explore in a different way.

The video library is not a substitute for a training and is only available for purchase to people who have completed a multi-day Rhythm of Regulation training with Deb or the Foundations I Hybrid training series. The videos in the Foundations library are view-only and are offered for your individual use. I would ask you not to share the link or use them as training videos.

Wishing you well,

Deb